



"Excellent facilitation from Adele. She read the needs of the group and was able to build trust. The training was delivered with the right level of content and understanding of our requirements. I found it very helpful and also enjoyed it"

My take on Leadership

Leadership is at the core of success, particularly in an environment of change, where a resilient, able and engaged workforce, especially its leaders, is key.

My aim is to support current and future leaders develop their own style of leadership that fits with the organisations and their own values and be effective contributors.

I believe everyone has the capacity to become a leader. It's about understanding yourself, the needs of your team, knowing where and how to access the right support and using effective communication to influence and bring others on the journey. It brings me great joy to see the positive effects when successfully implemented.

Recent Assignments

- Implemented a Navigating Change with Resilience Programme for NHS Trust. Engaged with the Client, designed and delivered the programme for circa 250 Leaders and Employees by facilitating group workshops & individual 1-to-1 coaching.
- Partnered with Lead HR Officer on Diversity and Business Engagement Awareness Programme.
- Delivered New Leader Development workshop for a motor finance organisation for a high potential leader and their newly formed team resulting in better team engagement and a deeper understanding of themselves and each other.

Specialist Skills

- Leadership through organisational and cultural change
- Supporting high potential Managers to authentically develop their leadership potential
- Developing skills for more meaningful conversations for greater influence and impact enabling better relationships with clients, colleagues and other stakeholders
- Facilitating effective feedback as a tool to better understand yourself, your peers and areas of development opportunity.
- Building Personal Resilience.

Business Experience

- My corporate career spans over 20 years in Senior Leadership roles. I was formerly a Senior Director of Supply Chain & Procurement at a Global Financial Services Organisation.
- I specialised in leading and transforming teams, building leaders for the future and implementing cultural change programmes. I also successfully delivered coaching across a spectrum of coaching needs including Leadership & Growth, Performance issues, Crisis management, Change management and Team coaching. I partnered with L&D to influence the Executive Board on the ROI benefits of creating a coaching culture.

Qualifications and Accreditation

- Association for Coaching Accredited Certificate in Coaching Training
- Association for NLP Accredited NLP Practitioner
- ABC Accredited Level 3 Counselling skills (Diploma)
- Member of Association for Coaching
- Prince 2 Project Management